

## Sisters of the Visitation: Places of prayer, peace and hospitality

Written by Sister Mary Frances Reis (For the Visitation Sisters)  
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We, the Sisters of the Visitation, have lived and ministered in north Minneapolis for 22 years. We are a religious order of Catholic nuns. From Day One, we were welcomed with open arms by this community. Our monastery sites at 1527 Fremont Avenue North and 1619 Girard Avenue North are places of prayer, peace and hospitality; ours is a rather hidden presence, but one that we believe is necessary for the support of the many fine initiatives taking place here, and a sign of hope for the many who come to our door.

Our days are framed by four periods of common prayer: 7:00 am, 12 noon, 4:45 and 8:15 pm. People are always welcome to join us. Over the years we have formed many deep relationships with the children and their families. We have been equally enriched by them, and we trust that they have been supported in their desire to raise their children for a future full of hope. Over and above our life of prayer and community, we sponsor a host of activities anywhere from field trips for children and their families to retreats for women and men. Please take a moment to visit our extensive website: [www.visitationmonasteryminneapolis.org](http://www.visitationmonasteryminneapolis.org) .

Our spirituality center, the St. Jane House, located at 1403 Emerson Avenue North is open to individuals and groups in the community who seek to deepen their spiritual journey. Brian Mogren, the director, is open to extending hospitality to interested individuals or groups. The St. Jane House website is [www.bewhoyouare.info](http://www.bewhoyouare.info) . He can also be reached at 612-965-9446.

We are mindful that 'it takes a village' .....We are deeply grateful that God planted us here in this great community, and we trust that our presence is instrumental in building up the city of God.

You are always welcome!

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