

Goals



With the end of the year approaching, here is how I like to end my year.

Take your time and read my advice, and maybe it will help you to move closer to achieving some of your goals. Identify exactly what goal you want to work on and see yourself completing it. There is power in a visual picture. If you can see yourself accomplishing it, then it will become a reality.

Make a plan and start your road map

After you see yourself completing this amazing task, you have to develop your road map or plan that should include exactly how you will reach this goal. Every goal starts with a journey. Identifying what it takes to complete it and also being realistic about it is all a part of your journey. Many goals are lost because there is no guide to follow. In order to know where you are going you have to know where to start. Map out your plan and start there.

Believe in yourself even when it is hard

Now after you have mapped out the details and put your plan into motion, you may look at the big picture and get scared. Truth is, it may really be scary but that shouldn't stop you from believing that this goal can be achieved. You must believe that you are worthy of accomplishing this goal and that nothing will deter you or get in the way of stopping your greatness.

Never give up

Now here's where we separate the achievers from the talkers. Don't give up because things aren't happening fast enough. Most goals don't happen overnight. Maybe you set a goal of going back to school and completing your degree. Or maybe writing your first novel is a goal you set for yourself. You already know those things take time. You have to be realistic about goal setting and you should have added the time to complete those types of goals in your "road map."

Setting goals is all about you wanting more for yourself and your loved ones. They take time and patience. But remember, if you give up you may never know how it feels to complete what you started.

Motivational Moments: Goals

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And as always remember, stay focused, stay determined and keep striving for greatness.

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