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The Saint Paul Area Council of Churches (SPACC) is the recipient of a one-year Community Innovation Grant from the American Heart Association for 2014-15. The Community Innovation Grant initiative is designed to help achieve the American Heart Association's mission: to build healthier lives, free from cardiovascular diseases and stroke.

SPACC is one of 28 grant recipients, out of a total of 152 applicants, across an 11-state region served by the American Heart Association's Midwest Affiliate. SPACC received \$3,000 to support Diabetes Education. SPACC's Department of Indian Work program offers free diabetes education for youth and families. The programs show participants that small measures can make a big difference in managing or even preventing diabetes.

According to Kathy Denman-Wilke, Department of Indian Work Director, "We are delighted to receive this funding from the American Heart Association, which will enable us to educate people about how to live a healthy life and improve the heart health of our community."

For more information about the project, contact Kathy Denman-Wilke at 651-789-3854. To learn more about the American Heart Association and their Community Innovation Grant program, visit www.heart.org.