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The world has become more complicated. Everyday, we are bombarded with negative thoughts and images. It order to be successful in it, you must maximize your inner power. This begins by the positive thoughts you think. One positive thought leads to another one. This is the source of your power. By maximizing your inner power, you become able to see what others fail to see. Some people call this power “intuition.” I call it the power of positive thinking.

First, think only positive thoughts. Power is greater when it is not diffused. Harvest and concentrate your inner power by closing the window of your mind to negativity. The window, otherwise known as the eye or the lens, is the opening that allows things to get in and out. The smaller you make the opening, the more concentrated and powerful the force becomes. The thoughts you think are tempered by the actions you take. Thinking negative thoughts or taking on too much will both make you less effective in the things that you really should be doing.

Secondly, connect yourself to a source greater than yourself. Power is sustained by an external source. The closer you are to God, the more power you have to share with others. Allowing the power of God to shine on you helps you to improve. Power is most powerful at its origin. When you are in the presence of God, you are at the origin of the power within you. “The LORD is God, and he has made his light shine upon us” (Psalm 118:27). You are not the source, but you are the origin of power. Just as the moon gets its light from the sun; your power comes from God. The closer you are to the power source, the greater your ability is to impact others.

Next, focus on your strength and identify your weakness. Power sources require maintenance. Self-improvement is one of life’s biggest challenges. In order to improve anything, you must first identify a problem as well as a solution, and then have the courage and discipline necessary to act. This requires self-evaluation. This means more than merely running on inner power. What is necessary is the act of self-maintenance that checks the mind, body, and spirit against an external standard. From this evaluation, you can make the necessary adjustments needed to stay balance.

Finally, be the best you possible. Power is always greater at its internal source; therefore, you must change the way you see yourself. To maximize your inner power you must raise your standards. These are the rules by which you measure other things. Your standards signify what behaviors you will or will not accept, and they attract those who are your equal in expectations. The higher you raise your standards, the greater the enlightenment of who you are and what your stand for. This will cause everyone in your sphere to be enlightened.

Everyone can maximize their inner power. The key to this is not to be governed by your senses. What you see, taste, hear, and touch all strengthens or weakens you. Your choices maximize your power. You must not allow yourself to become connected to anything that will weaken you. Think positive thoughts, watch and read positive things, eat healthy foods, and live a positive life.

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